

Thank you for enrolling in a CPD Health Courses Dry Needling practical course.

Please read the following information, which is provided for your safety and that of other participants attending the Dry Needling practical course. Once you've read the information, please submit the Health Questionnaire & Consent Form electronically below, at least 7 days before the start of your practical course.

The CPD Health Courses Dry Needling Practical Course requires you to practice Dry Needling therapy on other course participants and to allow other participants to practice upon you. We will ask you to pair up with other course participants and rotate partners in order to get the most out of your training. These arrangements also ensure that the practical course runs on schedule.

If you are unable to be needled for any reason you MUST provide a model in order that you can practice needling on them throughout the course. This requirement ensures that other course participants are not unduly inconvenienced and we maintain good timekeeping.

If for any reason you withdraw your consent to be needled whilst attending the practical course you will be asked to withdraw from the practical course and reschedule your training.

Informed Consent To Dry Needling therapy practice

Please read this document carefully. It's designed to inform you of the possible risks and adverse reactions to Dry Needling therapy.

It's your right to know this information in order for you to give informed consent to Dry Needling practice by other students on yourself and enabling you to safely practice on others.

What are the possible risks & adverse reactions in relation to Dry Needling therapy?

The possible risks and adverse reactions to dry needling therapy include but are not limited to temporary pain, bleeding, bruising, infection, dizziness, nerve injury, pneumothorax, pregnancy termination, changes to blood pressure, rash, fainting, muscle soreness & fatigue.

What are the procedures CPD Health Courses have implemented to reduce the above risks?

We practice and teach the current safety and health hygiene protocols as recommended by the Victorian Health Department.

The following is a list of conditions that are the most common relative contra-indications to Dry Needling therapy:

List of conditions

- Blood borne viruses (HIV & Hepatitis B/C)
- Recent radiotherapy
- Malignancy
- Haematoma
- Pregnancy
- Diabetes
- Bleeding disorders
- Eczema or psoriasis
- Peripheral neuropathy

- Lowered Immune Function
- Metal Allergies
- Chronic oedema or Lymphoedema
- Recent Axillary & Inguinal Node Dissection
- Open skin wounds or injuries

CPD Health Courses advises that you consult your medical doctor if you have any of these pre existing conditions to confirm that it is safe for you to attend the practical course.

If you have undergone any type of the following surgery, please inform CPD Health Courses, by email (customerservice@cpdhealthcourses.com) so that we can modify the needling practice & ensure your safety during the course.

- Cosmetic or Augmentation Surgery E.g. Breast, buttock, pectoral & calf

Course participant rights to privacy & modesty

It is always the intention of CPD Health Courses to respect your right to privacy and to protect your modesty during our courses.

As part of the examination & practice process you may be required to remove your clothing.

This is in order to demonstrate correct technique, teach the known risk factors and apply different treatment approaches.

CPD Health Courses will always try to minimise the amount of clothing you will be asked to remove & cover those areas that are not being treated directly.

Photography

CPD HC reserves the right to take photographic images & video during practical courses. The purposes of these images is to improve products, promote courses & for research.

Students who attend a CPD HC practical session who do not wish to be photographed need to advise us in writing 48 hours prior to the start of the practical course.

Taking photos or recording video by students attending a practical course is strictly prohibited & a breach of CPD Health Courses intellectual property copyright.